

# Allah ke naam se

مِیَحْرَلَا نَمَحْرَلَا هَلَلَا مَسَب

## Bismillah-ir-Rahman-ir-Raheem



Jab hum lafz “Bismillah-ir-Rahman-ir-Raheem” par ghor karte hain, toh ye sirf ek jumla nahi balki ek puri zindagi ka nizaam hai jo insaan ke har amal ko ek uncha maqsad aur ek paak manzil deta hai. Allah ke is kalam mein jo hikmat aur rehmat posheeda hai, woh humein ek aisi soorat mein jeene ki taraf dawat deta hai jo har dafa hamare dil ko uske qurb ke ahsaas se bhar de.

Is jumlay ka aaghaz lafz “Bismillah” se hota hai, jisme Allah Ta’ala ke har ism aur uski har sifat ka izhar hai. Lafz “Allah” us zaat ka naam hai jo wahdaniyat ka asal markaz hai, jo sirf ibadat ke layak hai aur jo tamam qudrat aur haqeeqi sha’n ka malik hai. Jab hum apne har amal ka aaghaz Allah ke naam se karte hain, toh hum khud se ek sawal karte hain: Kya jo kaam main kar raha hoon, kya us par Allah ka naam lena munasib hai? Agar jawab na mein ho, toh ye adat khud bakhud humein buraiyon se rokhti hai aur humein ek paak amal ki taraf le jaati hai.

Phir aata hai “Ar-Rahman Ar-Raheem”, jo Allah ki rehmat ke do pehluon ko bayan karta hai. “Ar-Rahman” ka matlab hai Allah ki aam aur bepanah rehmat jo har makhlooq par musalsal nazil hoti rehti hai. Woh chahe ek kafir ho ya ek mo’min, Allah ki rehmat har insaan ke liye hai. Lekin “Ar-Raheem” ek khaas rehmat ki taraf ishara hai, jo Allah sirf apne khaas bandon ke liye rakhta hai—woh log jo taqwa ikhtiyar karte hain aur Nabiyon aur Rasoolon ke pegham par amal karte hain.

Dekho, jab banda Allah ke naam se apna kaam shuru karta hai, toh woh apne aamal mein barakat ki dua karta hai. Allah Ta’ala ka wada hai ke woh apne naam se shuru hone wale kaamon ko na sirf qubool karega, balke unmein izafa karega, unhein khushhali aur salamati se nawazega. Is aadat se insaan ka nazariya badal jata hai. Woh har kaam Allah ke ahkaam ke mutabiq karne ki koshish karta hai aur yeh ehsas uske dil ko mazeed mazboot aur pur-iman banata hai.

Isme ek aur gehri baat yeh hai ke jab hum “Bismillah-ir-Rahman-ir-Raheem” ke asal ma’ni samajhte hain, toh humein Allah ki qudrat aur uski rehmat ka waqai ehsaas hota hai. Har sifar jo Allah ki taraf mansub hai—jaise Alim (Jo har cheez ka ilm rakhta hai), Qadir (Jo har cheez par qudrat rakhta hai)—woh humein is baat ka yaqeen dilati hai ke sirf Allah hi ka sahara lene ke layak hai.

Agar hum iss jumlay ko apni zindagi mein laa saken, toh hamari har soorat mein ek azeem tabdeeli aayegi. Har buray amal se hum door rehne lagenge, har achhe kaam mein barakat dekhenge, aur hamara dil Allah ke qurb se roshan hoga. To mere dost, apni zindagi ka har aaghaz Allah ke naam se karo, aur dekho kaise yeh chhota sa amal tumhari poori zindagi ko noor aur rehmat se bhar dega.

Jab hum “Bismillah-ir-Rahman-ir-Raheem” ke ma’ni aur ahmiyat ko samajhte hain, toh sirf is jumlay ko zubaan se kehna kaafi nahi hota. Yeh ek aise amal ka talib hai jo dil se shuru hota hai, ek shaoor ke saath, ek yaqeen ke saath. Jab yeh jumla kaha jaye, toh insaan ke dil mein Allah ki qudrat ka ehsaas, uski rehmat ka tasavvur, aur uske samne apni be-basi ka e’tiraf ho.

Dekho, agar hum bina sochay samjhay sirf adat ke taur par “Bismillah” ka wazifa banayein, toh iska asar hamari zindagi mein woh nahi hoga jo hona chahiye. Magar jab hum is jumlay ko yaqeen aur tafakkur ke saath ada karte hain, toh yeh hamari rooh aur amal ko ek nayi roshni de deta hai.

## Zindagi ke mukhtalif halaat mein iska istemal aur faida:

### 1. Kaam shuru karte waqt:

Jab tum apne kisi kaam ka aaghaz karo—chahe woh ek naya project ho, ek imtihan ki tayari ho, ya ek ghar ka chhota kaam—agar tum “Bismillah-ir-Rahman-ir-Raheem” ke saath us kaam ka aaghaz karoge, toh yeh tumhare amal ko ek maqsood aur ek manzil dega. Tumhara kaam sirf duniya ke faiday tak mehdoood nahi rahega, balke Allah ki rehmat aur uski barakat ke zariye us kaam ka asar tumhari akhirat tak chala jayega.

### 2. Musibat ya mushkil ka samna karte waqt:

Zindagi aksar humein aise maqamat par le aati hai jahan hum be-basi aur kamzori mehsoos karte hain. Jab tum kisi mushkil mein ho ya tumhare samne koi aisi baat ho jo tumhare bus se bahar lagti ho, toh “Bismillah-ir-Rahman-ir-Raheem” ka zikr karo. Yeh tumhe yaad dilayega ke tumhara asra sirf Allah hai aur woh apni rehmat ke zariye tumhari madad zaroor karega.

### 3. Ghalti ke izale ke liye:

Agar tumne koi ghalti ki hai aur tum us ka izala karna chahte ho, toh “Bismillah-ir-Rahman-ir-Raheem” ke saath Allah se maafi maango aur apne amal ko durust karo. Yeh tumhare dil ko tasalli aur tumhari rooh ko tasfiya dega.

### 4. Ghar se nikalte waqt:

Ghar se nikalte waqt “Bismillah-ir-Rahman-ir-Raheem” ka zikr tumhe Allah ki hifazat mein le aata hai. Tumhare safar ko mehfooz banata hai aur tumhare raste ko barakat aur rehmat se bhar deta hai.

### 5. Khana shuru karte waqt:

Jab tum “Bismillah” ke saath khana shuru karte ho, toh yeh sirf ek sunnat nahi balki tumhare rizq mein barakat ka sabab ban jata hai. Shaytan us khane mein hissa nahi le sakta jahan Allah ka naam liya gaya ho.

### 6. Ilm hasil karte waqt:

Agar tum taleem ya ilm ki talash mein ho, toh apni kitaab kholte waqt ya koi lecture sunte waqt “Bismillah-ir-Rahman-ir-Raheem” ka zikr karo. Allah Ta’ala tumhare ilm mein izafa karega aur tumhe samajh aur hikmat se nawazega.

## Yaqeen aur Tafakkur ka Asar:

Mere dost, yaad rakho, yeh jumla sirf zubaan ki baat nahi, yeh dil ke ta’alluq ka izhar hai. Jab tum is jumlay ko ek aqeedat aur yaqeen ke saath ada karte ho, toh Allah ka qurb tumhare saath hota hai. Tumhara har kaam Allah ki rahmat aur madad ke zariye apni manzil tak pohanchta hai. Aur jab tum Allah ka naam le kar har kaam ka aaghaz karte ho, toh tumhare andar ek pur-sukoon aur pur-iman jasba paida hota hai jo har mushkil mein tumhara saathi banta hai.

Toh meri baat yaad rakhna, “Bismillah-ir-Rahman-ir-Raheem” ko apni zindagi ka hissa banao. Har amal, har qadam, har saans ko Allah ke naam ke saath jodo, aur dekho kaise tumhari zindagi ek roshni aur barakat se bhar jati hai. Allah humein is jumlay ki haqeeqat ko samajhne aur apni zindagi mein utarne ki taufeeq de. Ameen.