

Importance of Time

- [Time Is Not Money \(The Muslim's Duty Regarding Time\)](#)

Time Is Not Money (The Muslim's Duty Regarding Time)

Ek sachai jo hume samajhni chahiye, wo yeh hai ke Islam hame waqt ki ahmiyat samjhata hai. Yeh kehta hai ke waqt ek azeem ne'mat hai, aur hame isko zaya nahi karna chahiye. Har ek lamha jo Allah ne diya hai, uska hume jawab dena hoga. Sahabaa aur hamare buzurg is baat ko samajhte the, aur unhon ne apne waqt ka bada khayal rakha. Hassan al-Basri ne unka zikr karte hue kaha ke maine un logon ko dekha ke wo apne waqt ki fikr dirham aur dinar se bhi zyada karte the.

Ek momin ki zindagi ka ek aham taqaza yeh hai ke wo apne waqt ka khayal rakhe, isse samajhdaari se lagaye aur isse faida uthaye. Is silsile mein Ibn-ul Qayyim kehte hain: "Sabse unchi, sabse qeemti aur sabse faida mand soch wo hai jo Allah aur aakhirat ke liye ki jaye. Allah ke liye sochne ki mukhtalif shaklein hain, unmein se ek yeh hai ke waqt ki zimmedari aur uske kaam par gaur kiya jaye aur uspar poori tawajju di jaye, kyunke samajhdar shakhs apne waqt ka paighaam hai. Agar wo waqt ko zaya kare, to uske tamaam faide aur zaruraten zaya ho jati hain, kyunke tamaam faide waqt se hi uthte hain. Agar waqt zaya ho gaya, to wo kabhi dobara hasil nahi ho sakta."

Imam Shafi'i kehte hain: "Main ne sufiyon ke saath apni sohbat se sirf do cheezain seekhi, aur unmein se ek yeh hai: Waqt talwar ki tarah hai, agar tum isse kaam na lo, to yeh tumhe kaat dega." Seedha matlab yeh hai ke agar waqt kisi faida mand kaam mein nahi lagaya gaya, to insaan sirf isse zaya kar ke apna nuksan karta hai.

Imam Hassan Al-Banna kehte hain: "Waqt hi asal zindagi hai." Yeh baat Ibn Qayyim Al-Jawziyyah ki is baat ko samjhati hai: "Insan ka waqt asal mein uski zindagi hai. Yehi uski hamesha wali zindagi ka asar banayega, ya to khushi aur sukoon, ya dukh aur azaab. Waqt baadalon se bhi zyada tez guzar jata hai. Sirf wo waqt jo Allah ke liye guzara jaye, asal zindagi hai. Baqi ka waqt asal mein kuch bhi nahi. Jo zindagi Allah ki yaad ke bagair, sirf khwahishat, maza lene, ya bekaar kaamon mein guzarti hai, wo zindagi janwaron ki zindagi jaisi hai. Aur agar sirf neend aur farigh baithne mein zindagi guzray, to aisi zindagi se maut behtar hai."

Ismein yeh samajhne ki zarurat hai ke asal zindagi wohi hai jo Allah ki raza ke liye lagai jaye.

Waqt ko, kaam karne ke liye ek zaroori zariya samjha jata hai. Ibn-ul-Qayyim kehte hain: "Saal ek darakht ki tarah hai, mahine uske daaliyan hain, din uski daaliyon ke tukde hain, ghante uske pattey hain, aur saans uske phal hain. Is liye, agar kisi ka saans Allah aur uske Rasool ki itaat mein guzar raha ho, to uske darakht ke phal ache hain. Agar wo itaat ke bajaye nafrat aur gunaah mein guzar raha ho, to uske phal khatti aur bure hain. Fasal katne ka waqt aakhirat ka din hai, jab insaan ke phal khud samne aayenge, jo ya to achay honge, ya bure."

Yeh humein yeh samjhata hai ke har lamha jo hum guzaar rahe hain, wo ya to humare liye khushi aur sawab ka zariya ban sakta hai, ya phir humare liye azaab aur nuksan ka.

Yeh hai Islam ka waqt ke baare mein nazariya, aur yeh the Salaf ke tareeqe is waqt ke saath. Ab hum apne aap ko unse kis tarah compare karte hain? Bilkul, humare aur unke beech bohot bada farq hai. Unhon ne waqt ka kis tarah khayal rakha, aur hum kis tarah usey zaya kar rahe hain. Humare liye sab se dukh aur gham ki baat yeh hai ke "hamari qaum har jagah, chahe public ho ya private, waqt zaya karne ke naye tareeqay dhoond rahi hai. Is ka natija yeh hua ke duniya humare baghair aage barh rahi hai, jaise hum 'tariikh ke yateem' hoon. Agar yeh naye tareeqay waqt ko sahi tareeqay se istemal karne ke liye nahi badle, to hum aur mustaqbil ke beech ka farq aur barh jayega, aur hum sirf saqaafat ke maal khareedne walay ban kar reh jayenge. Aakhir mein, humari zindagi unhi logon par depend karegi jo yeh maal bana rahe hain."

Is liye, Muslims ko apni koshishen ekjut karni chahiye, apni kamzori ko samajhna aur uska ilaaj karna chahiye, aur waqt ko uski asal ahmiyat deni chahiye, jo Islam ne humse maangi hai.

Waqt ke hawale se ek Muslim ki zaroori zimmedariyon me se kuch ye hai:

1. Ensuring Benefiting from Time:

- Waqt Allah ki taraf se ek azeem ni'mat hai, aur har lamha jo hamare paas hai, wo ek qeemti daulat hai. Har shakhs ko apni zindagi mein yeh zaroori hai ke wo waqt ko sirf guzarne ka zariya na samjhe, balki har lamha ko apne liye faida mand banaye. Islam humein yeh sikhata hai ke waqt ka sahi istemal hamare liye sawab ka zariya hai. Har din, har ghanta hamare liye ek naye moka hai apne aamaal ko sudhaarne ka, apni zindagi ko

behtar banane ka. Hamari har ek saans, har ek pal, Allah ke raaste mein lagne chahiye, taake hum apne waqt ka puri tarah se faida utha sakein.

2. Racing for Good Deeds:

- Islam mein har achay kaam ko karne ka taqaza hai. Waqt ka har lamha ek moka hai achay aamaal karne ka, aur humein is moka ka faida uthana chahiye. Allah ke Rasool (SAW) ne hamesha humein achay aamaal ke liye dawat di hai, aur yeh waqt humare liye ek race ki tarah hai jisme humne apne aamal ko behtar banana hai. Har din, har ghanta ek moka hai achay kaam karne ka – chahe wo apni family ki madad ho, chahe ilm hasil karna ho, ya Allah ki yaad mein waqt guzaarna ho. Har achi cheez jo hum karte hain, wo humare liye Allah ke qareeb jane ka zariya banti hai.

3. Learning from the Passage of Time:

- Waqt ka guzar jana humare liye ek sabak hai. Har din jo guzarta hai, wo humein apni zindagi ke maqasid ko samajhne ka moka deta hai. Islam humein yeh sikhata hai ke waqt ke guzarne se hum apni galtiyon ko samajh kar unhe sudhar sakte hain. Waqt ke guzarne se humein apne aap ko behtar samajhne ka moka milta hai – hum apni kamzori ko pehchante hain aur apne aamal ko behtar karne ke liye koshish karte hain. Humare liye waqt ek teacher ki tarah hai, jo humein apni zindagi ka asal maqsad samjhata hai.

4. Seeking the Superior Times:

- Islam mein kuch waqt aur lamhe aise hote hain jo khas taur par zyada afzal hote hain. Misal ke taur par, Ramzan ka mahina, Ashura ki raat, aur jumma ka din. In lamhon mein jo aamaal kiye jate hain, unka sawab bohot zyada hota hai. Is liye humein apni zindagi mein aise waqt ko talash karna chahiye aur un lamhon ka faida uthana chahiye. In khaas waqt ko sahi tareeqe se istemal karna humare liye ek aise zaroorat hai jo humare liye barakat aur sawab ka zariya ban sakti hai.

5. Planning and Organizing Time:

- Waqt ka sahi istemal sirf tab mumkin hai jab hum apne waqt ko behtar tareeqe se schedule karen. Islam humein yeh sikhata hai ke har kaam ko aik waqt par karna aur apni zindagi mein ek plan banana zaroori hai. Humare liye yeh zaroori hai ke hum apne din ki shuruat se lekar is ke aakhri lamhe tak apna waqt behtar tareeqe se organize karen. Apna waqt kis cheez mein guzarna hai, kis kaam ko pehle karna hai aur kis ko baad mein – yeh sab humein apne din ke hisaab se plan karna chahiye. Humare liye yeh ek farz hai, taake hum apne waqt ko bekar na guzaarein aur apni zindagi ko behtar bana sakein.

6. Fulfillment of Time Commitments:

- Jitni bhi zimmedariyaan humare upar hain, unhe poora karna bhi waqt ka sahi istemal hai. Islam mein apni qasam aur apne waadon ka poora karna bohot zaroori hai. Agar humne kisi se koi wada kiya hai ya koi farz kaam hai, to humein apne waqt ko uska poora karne mein lagana chahiye. Har waqt humare upar zimmedariyan hoti hain – chahe wo apni family ki madad ho, apni job ki responsibilities ho, ya apne deen ki farz ibadaat ho. Har waqt humein apni commitments ko pura karna aur apne kaam mein imandari se lagna chahiye.

7. **Necessary Awareness of Time Wasters:**

- Waqt ke zaya hone se bachna bohot zaroori hai. Humare aas paas bohot si aisi cheezein hoti hain jo humare waqt ko zaya karti hain, jaise bekaar ke conversations, aise kaam jo sirf time waste karte hain, aur aise aadiyaan jo humari productivity ko rok deti hain. Islam humein yeh samjhata hai ke humein apne waqt ko har haal mein zaya karne se bachna chahiye. Humein apne din mein aise cheezon se bachna chahiye jo humare waqt ko bekaar karte hain, aur apne waqt ko un kaamon mein lagana chahiye jo humare liye faida mand hon.

In sab baton ko apni zindagi ka hissa banakar, hum apne waqt ka sahi istemal kar sakte hain. Waqt ko apni zindagi mein behtar banane ka zariya samajh kar, hum apne deen aur duniya dono mein behtar nateeje hasil kar sakte hain.

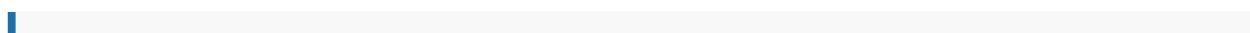
Utilize Leisure Time

Chinta aur pareshani se chutkara paana ek bohot badi ni'mat hai, aur jism ka bimariyon se bachna bhi ek azeem fazl hai. Lekin yeh wahi ni'matein hain jinke saath log aksar dhoka khatay hain.

Nabi Akram (SAW) ne farmaya: "Do cheezein hain jin mein log dhoka khatay hain: Sehat aur Farigh waqt."

Is hadith se hume yeh samajhna chahiye ke log sehat aur farigh waqt ki asal qeemat nahi samajhte. Wo in qeemti ni'maton ko apne liye faida mand tareeqay se nahi istemal karte. Yeh bohot bada nuqsan hai! Agar hum apne waqt aur sehat ko sahi tareeqay se lagayen, to hum apni zindagi ko behtar bana sakte hain.

Musalmanon ko apne waqt ko behtar tareeqay se istemal karne, usse faida uthaanay aur zaya na karne ka hukm dete hue, Nabi Akram (SAW) ne farmaya:



"Qiyamat ke din, insaan ke do paon apni jagah se nahi hilenge jab tak usse chaar baaton ke bare mein sawaal na kiya jaye: apni zindagi kaise guzaari, apni jawani kaise guzaari, apni daulat kaha se hasil ki aur kis tarah usse kharch kiya, aur apne ilm ke sath kya kiya."

Yeh hadith humein yaad dilati hai ke humare waqt, humari jawani, humari daulat aur humara ilm, sab Allah ki ni'mat hain. Inka sahi tareeqay se istemal karna humein apni aakhirat ke liye jawabdeh banata hai. Agar hum apne waqt ko bekaar mein na guzaarein, to yeh humare liye ek bohot bada faida ho sakta hai.

Nabi Akram (SAW) ne farmaya:

“ "Paanch cheezon ko paanch cheezon se pehle sahi tareeqe se istemal karlo: apni jawani ko apni budhapa se pehle, apni sehat ko apni bimari se pehle, apni daulat ko apni faqaar(gareebi) se pehle, apna farigh waqt ko apne kaam se pehle, aur apni zindagi ko apni maut se pehle."

Yeh hadith musalmanon ko ek seedha aur wazeh paighaam deti hai ke wo apne waqt ka sahi istemal tab karein jab halaat unke haq mein ho, jaise ke jawani, sehat, daulat aur farigh waqt. Jab yeh sab cheezein humare paas hain, humare liye apne waqt ka faida uthana bohot asaan hota hai. Lekin jab humara waqt zaya ho jata hai, ya hum budhappe, bimari, faqaar ya kisi aur musibat mein phans jate hain, to phir apne waqt ko sahi tareeqay se istemal karna mushkil ho jata hai. Is liye, humein apni jawani, sehat aur daulat ka sahi tareeqay se istemal karna chahiye, taake hum apne aakhirat ke liye behtar kaam kar sakein.

Salaf-e-Saliheen apne waqt ko mufeed aur acchi cheezon mein guzarne mein bohot ehtiyat karte the, aur wo aalsi aur bekaar hone se nafrat karte the. Umar Ibn Al-Khattab (RA) ne farmaya: "Mujhe bilkul pasand nahi ke tum mein se koi bekaar ho, na dunya ke liye kuch kare, na aakhirat ke liye."

Ibn Mas'ud (RA) se riwayat hai ke Nabi Akram (SAW) ne farmaya:

“ "Mujhe bilkul pasand nahi ke koi shakhs apni zindagi mein dunya ya aakhirat ke liye kuch na kare."

Sheikh Yusuf Al-Qaradhawi ne kaha: "Farigh waqt kabhi bhi bekaar nahi rehta. Wo ya to achay kaamon se bhara hota hai ya bure kaamon se. Agar insaan apne waqt ko acchai mein nahi lagata, to wo apne aapko jhoot aur bekaar cheezon mein lagayega. Khush naseeb hai wo shakhs jo apna waqt acchi aur saaf cheezon mein guzaarta hai, aur afsos hai wo jo use bure aur fasad mein guzaarta hai."

Yeh sab humein yeh samjhata hai ke humare waqt ka sahi istemal humare liye dunya aur aakhirat dono mein faida ka zariya ban sakta hai. Agar hum apna waqt bekaar cheezon mein guzaarain, to hum apne liye nuqsan aur nashaib ka sabab banenge. Is liye, humein apne waqt ko behtareen kaamon mein lagana chahiye.