

Words to describe assistance and support

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Part 01 - Basic Words to Express Assistance and Support

1. Help

- **Definition:** To provide what is necessary for someone to achieve or do something.

- **Example:**

A Muslim should offer help to others in times of need, as the Prophet Muhammad (PBUH) said, "Whoever relieves a believer's distress, Allah will relieve him of one of his distresses on the Day of Judgment." (Sahih Muslim)

Synonyms:

- **Urdu:** ددم (Madad)

- *Example (Urdu):* "وچ: ایامرف ن ملسو یلع ل ل ل ی لص دمحم ترضح" "اگ ررک رود مغ اک ناملسم یسک اگ"

(Hazrat Muhammad (PBUH) ne farmaya: "Jo kisi musulman ka gham door karega, Allah Qiyamat ke din uske gham ko door karega.")

- **Meaning:** A Muslim should help others in their distress, and in return, Allah will help them in the Hereafter.

- **Arabic:** ةدعاسم (Musa'ada)

- *Example (Arabic):* "ن ع ففخي نم: ملسو هيلع ه ل ل ل ی لص ی بن ل ل ل اق" "ةمايقلل موي ي ف ه ن ع ه ل ل ل ففخي، نمؤم"

(Qala al-nabi (PBUH): 'Man yukhaffif 'an mu'min, yukhaffif Allah 'anhu fi yawm al-qiyama.')

- **Meaning:** A Muslim should offer help, as Allah will lighten their burdens on the Day of Judgment.

2. Aid

Part 02 - Intermediate words for Assistance and Support

1. Assist

- **Definition:** To help or give support to someone in performing a task or achieving something.

- **Example:**

A Muslim should assist others in their time of need, as the Prophet Muhammad (PBUH) said, "Help your brother, whether he is an oppressor or he is oppressed." (Sahih Bukhari)

Synonyms:

- **Urdu:** انرک ددم (Madad Karna)
 - **Example (Urdu):** "ای امرف ن ملسو یلع ل ل ل ی لص دم حم ترضح، اورک ددم ی ک ی ئ ا ه ب م ول ظ م ای و م ل ا ط و ا چ،" (Hazrat Muhammad (PBUH) ne farmaya: "Apne bhai ki madad karo, chahe woh zalim ho ya mazloom.")
 - **Meaning:** A Muslim should assist others, as the Prophet (PBUH) taught that we should help each other in all circumstances.
- **Arabic:** ة دع اس م (Musa'ada)
 - **Example (Arabic):** "ك ا خ ا دع اس ' م ل س و ه ی ل ع ه ل ل ل ی لص ی ب ن ل ل ا ق،" (Qala al-nabi (PBUH): 'Sa'id akhak, sawaya kana zaliman aw mazluman.')
 - **Meaning:** A Muslim should assist others in their need, as the Prophet Muhammad (PBUH) instructed.

2. Facilitate

- **Definition:** To make a process or task easier by providing assistance or removing obstacles.

- **Example:**

Allah commands in the Quran, "Indeed, Allah will make ease for those who help others." (Quran 94:6)

- **Synonyms:**

- **Urdu:** آسان بنانا (Aasaan Banana)
 - *Example (Urdu):* "کے سوگول نال لال: 'سیں تہامرف سیں نآرق' یلعات لال" "سیں ترک ددم یک سورسود وج ات ترک ادیپ یں آسان یں" (Allah Ta'ala Quran mein farmate hain: "Allah un logon ke liye aasani paida karta hai jo doosron ki madad karte hain.")
 - **Meaning:** Allah makes tasks easier for those who help others.
 - **Arabic:** تسهیل (Tashil)
 - *Example (Arabic):* "نیذلل رومأل لہسی ہلل نإ: 'ی لعات ہلل لاق'" "نیخآل نودعاسی" (Qala Allah Ta'ala: "Inna Allah yusahhil al-umur lil-ladhina yusa'idun al-akhareen.")
 - **Meaning:** Allah will ease the way for those who facilitate the tasks of others.
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3. Encourage

- **Definition:** To give support, confidence, or hope to someone to help them pursue or continue an activity.

- **Example:**

The Prophet Muhammad (PBUH) said, "Whoever encourages someone to do good, it is as if they have done it themselves." (Sahih Muslim)

- **Synonyms:**

- **Urdu:** حوصلہ افزائی کرنا (Hosla Afzai Karna)
 - *Example (Urdu):* "وج: ایامرف ن ملسو یل لال یل ص دمحم ترضح" "ماک و دوخ ن سا ایوگ، ات ترک یئازفا ل صوح یک نرک اچا وک یسک ای" (Hazrat Muhammad (PBUH) ne farmaya: "Jo kisi ko achha karne ki hosla afzai karta hai, goya us ne khud woh kaam kiya.")
 - **Meaning:** Encouraging others to do good deeds brings reward, as if you did the good yourself.
- **Arabic:** تشجیت (Tashji)
 - *Example (Arabic):* "أدحأ عجش نم: ملسو هیلع هلل یل ص ی بنل لاق" "هل عف امنأكف، ریل لال یلع" (Qala al-nabi (PBUH): "Man shajja'a ahadan 'ala al-khayr, faka'annah

- **Example (Urdu):** "ایامرف ن ملسو یلع لال یل ص دمحم ترضح" وگ "اگ ائیپ باوٹ اک سولمع ک نا و، اتالب فرط ی ک یئ اچا وک سورسود (Hazrat Muhammad (PBUH) ne farmaya: "Jo doosron ko achai ki taraf bulata hai, woh unke a'malon ka sawab paayega.")
 - **Meaning:** Promoting goodness and encouraging others to follow the right path brings rewards.
 - **Arabic:** جیورتلا (Al-Tarwīj)
 - **Example (Arabic):** "یل اعد نم: ملسو هیلع لال یل ص ی بن ل لاق" "هب لمع نم رجأ لثم هلف، ریخلا (Qala al-nabi (PBUH): 'Man da'a ila al-khayr, falahu mithl ajr man 'amila bihi.')
 - **Meaning:** Promoting goodness and helping others to do good deeds will earn the same reward as if you did it yourself.
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6. Uplift

- **Definition:** To raise someone's mood or status, offering encouragement or support.
 - **Example:**
The Prophet Muhammad (PBUH) said, "Smiling in the face of your brother is charity." (Sahih Bukhari)
 - **Synonyms:**
 - **Urdu:** انرک یئازفا ل صوح (Hosla Afzai Karna)
 - **Example (Urdu):** "انپا: ایامرف ن ملسو یلع لال یل ص دمحم ترضح" "قصدص انارکسم ن ماس ک یئ اھب (Hazrat Muhammad (PBUH) ne farmaya: "Apne bhai ke samne muskurana sadaqa hai.")
 - **Meaning:** Uplifting others through kindness, such as smiling, is a form of charity and encouragement.
 - **Arabic:** راف (Rafa')
 - **Example (Arabic):** "کت ماس تبا: ملسو هیلع لال یل ص ی بن ل لاق" "ة قصدص ک یخأ هج و ی (Qala al-nabi (PBUH): 'Ibtisamatuka fi wajhi akhika sadaqa.')
 - **Meaning:** Uplifting someone with kindness and good intentions is considered a charitable act.
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Part 03 - Advance words for Assistance and Support

1. Alleviate

- **Definition:** To make a situation or pain less severe or more bearable.

- **Example:**

A Muslim should strive to alleviate the suffering of others, as the Prophet Muhammad (PBUH) said, "Whoever relieves a believer's distress, Allah will relieve him of one of his distresses on the Day of Judgment." (Sahih Muslim)

Synonyms:

- **Urdu:** انرک مک (Kam Karna)
 - **Example (Urdu):** "وچ: ایامرف ن ملسو یل ع ل ل ل ی ل ص دمحم ترضح" "اگ رک مک مغ اک سا ند ک تمایق ل ل ل ، اترک مک مغ اک ناملسم یسک"
(Hazrat Muhammad (PBUH) ne farmaya: "Jo kisi musalman ka gham kam karta hai, Allah Qiyamat ke din uska gham kam karega.")
 - **Meaning:** A Muslim should alleviate the suffering of others, as Allah will alleviate their pain in the Hereafter.
 - **Arabic:** ف ي ف خ ت (Takhfif)
 - **Example (Arabic):** "نع ف ف خ نم: ملسو هی ل ع ل ل ل ی ل ص ی ب ن ل ل ا ق" "ةم ای ق ل ل موی ی ف ن ع ه ل ل ف ف خ ، نمؤم"
(Qala al-nabi (PBUH): 'Man khaffafa 'an mu'min, khaffafa Allah 'anhu fi yawm al-qiyama.')
 - **Meaning:** Alleviating someone's distress will result in Allah alleviating one's burdens on the Day of Judgment.
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2. Mitigate

- **Definition:** To make a situation less severe, harsh, or intense.

- **Example:**

Muslims are encouraged to mitigate the hardships of others, as the Prophet Muhammad (PBUH) said, "Whoever helps a person in difficulty, Allah will help

him in his time of difficulty." (Sahih Muslim)

Synonyms:

- **Urdu:** انرک روزمک (Kamzor Karna)
 - *Example (Urdu):* "ایامرف ن ملسو یلع ل ل ل ل یل ص دمحم ترضح" "اتیدی رک مک تالکشم یک سا ل ل ل ل ، اترک ددم یک یسک"
(Hazrat Muhammad (PBUH) ne farmaya: "Jo kisi ki madad karta hai, Allah uski mushkilat kam kar deta hai.")
 - **Meaning:** Helping others to mitigate their difficulties will result in Allah reducing your own difficulties.
- **Arabic:** ففیف (Takhfif)
 - *Example (Arabic):* "نع ففخی نم: ملسو هیلع ل ل ل ل یل ص ی بن ل ل ل ل اق" "ةم ای ق ل ل موی ی ف هنع ل ل ل ففخی ، نمؤم"
(Qala al-nabi (PBUH): 'Man yukhaffif 'an mu'min, yukhaffif Allah 'anhu fi yawm al-qiyama.')
 - **Meaning:** Mitigating someone's hardships will result in Allah easing your difficulties.

3. Bolster

- **Definition:** To support, strengthen, or reinforce something, often with resources or encouragement.
- **Example:**

A Muslim should bolster the efforts of others in good deeds, as the Prophet Muhammad (PBUH) said, "The strong believer is better and more beloved to Allah than the weak believer." (Sahih Muslim)

Synonyms:

- **Urdu:** انرک تیوقت (Taqwiat Karna)
 - *Example (Urdu):* "ایامرف ن ملسو یلع ل ل ل ل یل ص دمحم ترضح" "اترک ددم یک رسود"
(Hazrat Muhammad (PBUH) ne farmaya: "Jo doosray ki madad karta hai, Allah uski madad karta hai.")
 - **Meaning:** By bolstering others, you receive Allah's support and assistance.
- **Arabic:** زیزعت (Ta'zeez)
 - *Example (Arabic):* "یوقل ل نمؤم ل ا: ملسو هیلع ل ل ل ل یل ص ی بن ل ل ل ل اق" "ففیعضل ل نمؤم ل ل ل ل یل ل بح أو ریخ"
(Qala al-nabi (PBUH): 'Al-mu'min al-qawi khayr wa ahabb ila Allah min al-mu'min al-da'if.')

7. Augment

- **Definition:** To increase or improve something, often by adding additional support or resources.

- **Example:**

A Muslim should augment their good deeds, as the Prophet Muhammad (PBUH) said, "The best of deeds is to bring happiness to a believer." (Sahih Bukhari)

Synonyms:

- **Urdu:** انرک ۾ فاضل (Izafa Karna)
 - **Example (Urdu):** "بس ۾ ایامرف ۾ ن ۾ لسو ۾ یل ۾ لال ۾ یل ص دمحم ترضح"
"د ۾ ی شوخ وک ن موم ی سک وچ ۾ ۾ ۾ و لمع رت ۾ ب ۾ س"
(Hazrat Muhammad (PBUH) ne farmaya: "Sab se behtar amal woh hai jo kisi momin ko khushi de.")
 - **Meaning:** Augmenting the happiness of others is an important part of a Muslim's good deeds.
- **Arabic:** زیاده (Ziyadah)
 - **Example (Arabic):** "لضفأ ۾ لسو و هیلع هلل ۾ یل ص ی بن ل لاق"
"ن مؤملا یلع رورسلا ل اخلد ل امعألا"
(Qala al-nabi (PBUH): 'Afdal al-a'mal idkhal al-surur 'ala al-mu'min.')
 - **Meaning:** Augmenting the joy of others through acts of kindness is highly recommended in Islam.