

Part 01 - Words to Describe Awareness (Intermediate Level)

1. Alertness

- **Definition:** The state of being awake and aware of one's surroundings; paying close attention to something.

- **Example:**

Be alert and conscious of the blessings Allah has bestowed upon you, and never take them for granted.

Synonyms:

- **Urdu:** چوکسی (Choksi)

- *Example (Urdu):* "اک نا روا واکد یسک وچ رپ سوت معن درک اطع یکل لال" "ورک ادا رکش"

(Allah ki ata karda ni'maton par choksi dikhayo aur unka shukr ada karo.)

- **Meaning:** Be alert and conscious of the blessings Allah has bestowed upon you and show gratitude.

- **Arabic:** عظة (Yaqaza)

- *Example (Arabic):* "اوسنت الو، هم عنو هل لال لضفب نيظقي اونوك" "هرکش"

(Koonoo yaqzeen bi fadl Allah wa ni'amihi, wa laa tanso shukrahu.)

- **Meaning:** Be alert and conscious of the blessings Allah has bestowed upon you and show gratitude.

2. Consciousness

- **Definition:** The state of being aware of and able to think about one's existence, thoughts, and surroundings.

- **Example:**

Stay conscious of your purpose in life: to worship Allah and follow the teachings of Prophet Muhammad (PBUH).

- **Synonyms:**

- **Urdu:** ہوش (Hosh)
 - **Example (Urdu):** "روا تدابع ی ک ل ل ا : وھک ر ش و ر پ د ص ق م ک ی گ د ن ز" (Zindagi ke maqsad par hosh rakho: Allah ki ibadat aur Nabi Akram (PBUH) ki taleemat ki pairavi.)
 - **Meaning:** Stay conscious of your purpose in life: to worship Allah and follow the teachings of Prophet Muhammad (PBUH).
 - **Arabic:** وعو (Wa'y)
 - **Example (Arabic):** "ع ا ب ت ا و ہ ل ل ا ة د ا ب ع : م ک ت ا ی ح ف د ہ ل ن ی ع ا و ا و ق ب ا" (Ibqaw wa'een lihadaf hayatikum: Ibadat Allah wa itiba' ta'aleem al-Nabi (PBUH).)
 - **Meaning:** Stay conscious of your purpose in life: to worship Allah and follow the teachings of Prophet Muhammad (PBUH).
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3. Cognizance

- **Definition:** Awareness or realization of something.

- **Example:**

Take cognizance of the blessings Allah has given you, and use them in His service.

- **Synonyms:**

- **Urdu:** روعش (Sha'ur)
 - **Example (Urdu):** "س ا س ی ن ا ر و ا و ھک ر ر و ع ش ا ک س و ت م ع ن ی ئ و ی د ی ک ل ل ا" (Allah ki di hui ni'maton ka sha'ur rakho aur unhe uski raza ke liye istemal karo.)
 - **Meaning:** Take cognizance of the blessings Allah has given you and use them in His service.
- **Arabic:** إدراك (Idrak)
 - **Example (Arabic):** "م ک ل ہ ل ل ا ا ح ن م ی ت ل ل م ع ن ل ل ن ی ک ر د م ا و ن و ک" (Koonoo mudrikeen lil-ni'am al-lati manaha Allah lakum wa is'takhdimooha fi khidmatih.)

- **Meaning:** Take cognizance of the blessings Allah has given you and use them in His service.
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4. Mindfulness

- **Definition:** The quality or state of being conscious or aware of something, often associated with being present and attentive.

- **Example:**

Practice mindfulness in your prayer (Salah), focusing your heart and mind on your communication with Allah.

Synonyms:

- **Urdu:** یزاس نذ (Zehn Saazi)
 - **Example (Urdu):** "ھتاس ک ل ل ا غامد روا لد کات ورک یزاس نذ سی م زامن"
 - **Example (Urdu):** "سی ئاج و زو کرم رپ تی چ تاب"
 - **Example (Urdu):** "(Namaz mein zehen saazi karo taake dil aur dimaag Allah ke saath baat cheet par markooz ho jayein.)"
 - **Meaning:** Practice mindfulness in your prayer (Salah), focusing your heart and mind on your communication with Allah.
 - **Arabic:** لمأت (Ta'ammul)
 - **Example (Arabic):** "مك لوقعو مك بولق اوزك رتل ،مكت الص ي ف اولمأت"
 - **Example (Arabic):** "هل ل ا ءاج انم ل ع"
 - **Example (Arabic):** "(Ta'ammalu fi salatikum, litarkizu quloobukum wa 'uqulukum 'ala munajat Allah.)"
 - **Meaning:** Practice mindfulness in your prayer (Salah), focusing your heart and mind on your communication with Allah.
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5. Perception

- **Definition:** The ability to see, hear, or become aware of something through the senses; or a way of interpreting something.

- **Example:**

Change your perception and see the trials of life as a test from Allah, meant to strengthen your faith.

Synonyms:

- **Urdu:** ک اردا (Idraak)

- **Example (Urdu):** "نامی اس فرطی کی لالہ کو وک و نواح تہا کی ی گدنز"
"وہج مس ع قوم اک نرک طوب ضم"
(Zindagi ke imtihanon ko Allah ki taraf se imaan mazboot karne ka moka samjho.)
 - **Meaning:** Change your perception and see the trials of life as a test from Allah, meant to strengthen your faith.
 - **Arabic:** إدراك (Idrak)
 - **Example (Arabic):** "نم رابت خاك تاءالت بال لم ك تي ورو م ك ك ادرا اور يغ"
"مك نام ي ا ي وقت ل ه ل ل"
(Ghayyiroo idraakakum wa ru'yatakum lil-ibtila'at ka ikhtibar min Allah, li-taqweeat imaanikum.)
 - **Meaning:** Change your perception and see the trials of life as a test from Allah, meant to strengthen your faith.
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6. Insight

- **Definition:** The ability to gain an accurate and deep understanding of someone or something.
- **Example:**
Seek insight from the Quran and Sunnah to understand life's challenges and how to overcome them.

Synonyms:

- **Urdu:** تری صب (Baseerat)
 - **Example (Urdu):** "ک ی گدنز کات ورک ل ص اح تری ص ب س تنس روا ن آرق"
"وک س هج مس وک و و ج ن ل ی چ"
(Quran aur Sunnat se baseerat hasil karo takay zindagi ke challenges ko samajh sakay.)
 - **Meaning:** Seek insight from the Quran and Sunnah to understand life's challenges and how to overcome them.
 - **Arabic:** ةری ص ب (Baseera)
 - **Example (Arabic):** "م ه فل ة ن س ل ل او ن آرق ل ل م ة ری ص ب ل ل ا و ب ل ط ا"
"ا ه ی ل ع ب ل غ ت ل ل ة ی ف ی ک و ة ا ی ح ل ل ا ت ا ی د ح ت"
(Tulabu al-baseera min al-Quran wa al-Sunnah li-fahm tahaddiyat al-hayat wa kayfiyyat al-taghallub 'alayha.)
 - **Meaning:** Seek insight from the Quran and Sunnah to understand life's challenges and how to overcome them.
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7. Attention

- **Definition:** The act of focusing on something or someone; the mental energy devoted to a task.

- **Example:**

Give attention to your duties as a Muslim and fulfill them with sincerity and dedication.

Synonyms:

- **Urdu:** توجو (Tawajjo)

- *Example (Urdu):* "صولخ سی نانا روا ود توجو رپ سویراد مذینا ملسم ینپا"
"ورک ادا س تین"

(Apni Musalmani zimmedariyon par tawajjo do aur unhein khuloos niyat se ada karo.)

- **Meaning:** Give attention to your duties as a Muslim and fulfill them with sincerity and dedication.

- **Arabic:** انتباه (Intibah)

- *Example (Arabic):* "اوجم داو نی ملسم مک مکتاب جاول مک هانتنا اوحنما"
"اهئ ادا یف صالخال"

(Amnhoo intibahakum liwajibatikum kamuslimeen wa idmajoo al-ikhlas fi adaa'iha.)

- **Meaning:** Give attention to your duties as a Muslim and fulfill them with sincerity and dedication.

8. Recognition

- **Definition:** Acknowledging something that has been seen, heard, or experienced before.

- **Example:**

Seek recognition from Allah for your good deeds, as it is His approval that matters the most.

Synonyms:

- **Urdu:** پہچان (Pehchaan)

- *Example (Urdu):* "کونویک، ورک ل صا ح ن اچ پ کی ل ل رپ لامعا هچا نپا"
"م ا س بس اضر کی سا"

(Apne achay a'maal par Allah ki pehchaan hasil karo, kyunki uski raza sab se ahem hai.)

- **Meaning:** Seek recognition from Allah for your good deeds, as it is His approval that matters the most.
 - **Arabic:** فارتعاً (I'tiraf)
 - *Example (Arabic):* "عجل اصله مكل امعأ ىلع هللا نم فارتع ال اوبل طا"، مهأل وه هاضر نأل.
(*Tulabu al-i'tiraf min Allah 'ala a'maalikum al-saaliha, li'ann ridhahu huwa al-ahamm.*)
 - **Meaning:** Seek recognition from Allah for your good deeds, as it is His approval that matters the most.
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9. Alert

- **Definition:** Fully aware and attentive, especially to potential danger or a change in the environment.

- **Example:**

Be alert to the signs of Allah's mercy, and always be ready to accept His guidance.

Synonyms:

- **Urdu:** سڪوچ (Chokas)
 - *Example (Urdu):* "سائيشيم روا وسڪوچ رپ ونوناشن ڪ ت م ح ر ى ڪ ل ل ا"، و ر ر ا ى ت ى ل ڪ ن ر ڪ ل و ب ق ى ئ ا م ن ر ى ڪ
(*Allah ki rahmat ke nishanon par chokas raho aur hamesha uski rehnumai qubool karne ke liye tayar raho.*)
 - **Meaning:** Be alert to the signs of Allah's mercy, and always be ready to accept His guidance.
 - **Arabic:** مونتبه (Muntabah)
 - *Example (Arabic):* "اونوكو، هللا عم ح ر ت ا م ال ع ل ن ي ه ب ت ن م اونوك"، ه ت ي ا د ه ل و ب ق ل ن ي د ع ت س م
(*Koonoo muntabeheen li 'alamat rahmat Allah, wa koonoo musta'ideen li qubool hidayatihi.*)
 - **Meaning:** Be alert to the signs of Allah's mercy, and always be ready to accept His guidance.
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10. Attunement

- **Definition:** Being in harmony or aligned with something, often used in terms of awareness in relationships or a situation.

- **Example:**

Attune your heart to the teachings of the Quran, for it will guide you to the straight path.

Synonyms:

- **Urdu:** گن آہنگی (Hum Ahangi)
 - *Example (Urdu):* "ورگ گن آہم ہت اس کہ تمام لعت یکن آرق وک لدن پنا"
(Apne dil ko Quran ki taleemat ke saath hum ahangi karo, kyunki ye tumhein seedhay raaste ki rehnumai dega.)
 - **Meaning:** Attune your heart to the teachings of the Quran, for it will guide you to the straight path.
- **Arabic:** مغانم (Tanaghumi)
 - *Example (Arabic):* "یل مک ی دەس ہنأل، نآرق لال می لاعت عم او مغانم."
(Tanaghumu ma'a ta'aleem al-Quran, li'annahu sayahdeekum ila al-tareeq al-mustaqeem.)
 - **Meaning:** Attune your heart to the teachings of the Quran, for it will guide you to the straight path.

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