

Part 01 - Words to Describe Awareness (Intermediate Level)

1. Alertness

- **Definition:** The state of being awake and aware of one's surroundings; paying close attention to something.

- **Example:**

Be alert and conscious of the blessings Allah has bestowed upon you, and never take them for granted.

Synonyms:

- **Urdu:** چوکسی (Choksi)
 - (Allah ki ata karda ni'maton par choksi dikhayo aur unka shukr ada karo.)
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2. Consciousness

- **Definition:** The state of being aware of and able to think about one's existence, thoughts, and surroundings.

- **Example:**

Stay conscious of your purpose in life: to worship Allah and follow the teachings of Prophet Muhammad (PBUH).

Synonyms:

- **Urdu:** ہوش (Hosh)
 - (Zindagi ke maqsad par hosh rakho: Allah ki ibadat aur Nabi Akram (PBUH) ki taleemat ki pairavi.)
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3. Cognizance

- **Definition:** Awareness or realization of something.
- **Example:**

Take cognizance of the blessings Allah has given you, and use them in His service.

Synonyms:

- **Urdu:** روعش (Sha'ur)
 - (Allah ki di hui ni'maton ka sha'ur rakho aur unhe uski raza ke liye istemal karo.)
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4. Mindfulness

- **Definition:** The quality or state of being conscious or aware of something, often associated with being present and attentive.
- **Example:**

Practice mindfulness in your prayer (Salah), focusing your heart and mind on your communication with Allah.

Synonyms:

- **Urdu:** یزاس ن (Zehn Saazi)
 - (Namaz mein zehen saazi karo taake dil aur dimaag Allah ke saath baat cheet par markooz ho jayein.)
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5. Perception

- **Definition:** The ability to see, hear, or become aware of something through the senses; or a way of interpreting something.
- **Example:**

Change your perception and see the trials of life as a test from Allah, meant to strengthen your faith.

Synonyms:

- **Urdu:** کارد (Idraak)
 - (Zindagi ke imtihanon ko Allah ki taraf se imaan mazboot karne ka moka samjho.)
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6. Insight

- **Definition:** The ability to gain an accurate and deep understanding of someone or something.
 - **Example:**
Seek insight from the Quran and Sunnah to understand life's challenges and how to overcome them.
 - **Synonyms:**
 - **Urdu:** تری صب (Baseerat)
 - (Quran aur Sunnat se baseerat hasil karo takay zindagi ke challenges ko samajh sakay.)
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7. Attention

- **Definition:** The act of focusing on something or someone; the mental energy devoted to a task.
 - **Example:**
Give attention to your duties as a Muslim and fulfill them with sincerity and dedication.
 - **Synonyms:**
 - **Urdu:** توجہ (Tawajjo)
 - (Apni Musalmani zimmedariyon par tawajjo do aur unhein khuloos niyat se ada karo.)
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8. Recognition

- **Definition:** Acknowledging something that has been seen, heard, or experienced before.
 - **Example:**
Seek recognition from Allah for your good deeds, as it is His approval that matters the most.
 - **Synonyms:**
 - **Urdu:** پہچان (Pehchaan)
 - (Apne achay a'maal par Allah ki pehchaan hasil karo, kyunki uski raza sab se ahem hai.)
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9. Alert

- **Definition:** Fully aware and attentive, especially to potential danger or a change in the environment.

- **Example:**

Be alert to the signs of Allah's mercy, and always be ready to accept His guidance.

Synonyms:

- **Urdu:** سچوک (Chokas)
 - (Allah ki rahmat ke nishanon par chokas raho aur hamesha uski rehnumai qubool karne ke liye tayar raho.)
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10. Attunement

- **Definition:** Being in harmony or aligned with something, often used in terms of awareness in relationships or a situation.

- **Example:**

Attune your heart to the teachings of the Quran, for it will guide you to the straight path.

Synonyms:

- **Urdu:** یگانہ آہم (Hum Ahangi)
 - (Apne dil ko Quran ki taleemat ke saath hum ahangi karo, kyunki ye tumhein seedhay raaste ki rehnumai dega.)
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