

Part 01 - Words to Describe Awareness (Intermediate Level)

1. Alertness

- **Definition:** The state of being awake and aware of one's surroundings; paying close attention to something.

- **Example:**

Be alert and conscious of the blessings Allah has bestowed upon you, and never take them for granted.

Synonyms:

- **Urdu:** چوکسی (Choksi)
 - *Example (Urdu):* "اے اللہ! تجھے شکر ادا کر رہا ہوں اور تیری نعمتوں پر چوکسی دیکھاؤ اور ان کا شکر ادا کر۔"
 - (Allah ki ata karda ni'maton par choksi dikhayo aur unka shukr ada karo.)
 - **Meaning:** Be alert and conscious of the blessings Allah has bestowed upon you and show gratitude.
 - **Arabic:** ياقظة (Yaqaza)
 - *Example (Arabic):* "اوسنت الو، همعنو هللا لصفب نيظقي اونوك."
(Koonoo yaqzeen bi fadl Allah wa ni'amihi, wa laa tanso shukrahu.)
 - **Meaning:** Be alert and conscious of the blessings Allah has bestowed upon you and show gratitude.
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2. Consciousness

- **Definition:** The state of being aware of and able to think about one's existence, thoughts, and surroundings.

- **Example:**

Stay conscious of your purpose in life: to worship Allah and follow the teachings of Prophet Muhammad (PBUH).

Synonyms:

- **Urdu:** ہوش (Hosh)
 - **Example (Urdu):** "روا ت دابع ی ک ل ل ا : وھک ر ش و ر پ د ص ق م ی ک ی گ د ن ز" (Zindagi ke maqsad par hosh rakho: Allah ki ibadat aur Nabi Akram (PBUH) ki taleemat ki pairavi.)
 - **Meaning:** Stay conscious of your purpose in life: to worship Allah and follow the teachings of Prophet Muhammad (PBUH).
 - **Arabic:** وعي (Wa'y)
 - **Example (Arabic):** "ع ا ب ت ا و ہ ل ل ا ة د ا ب ع : م ک ت ا ی ح ف د ہ ل ن ی ع ا و ا و ق ب ا" (Ibqaw wa'een lihadaf hayatikum: Ibadat Allah wa itiba' ta'aleem al-Nabi (PBUH).)
 - **Meaning:** Stay conscious of your purpose in life: to worship Allah and follow the teachings of Prophet Muhammad (PBUH).
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3. Cognizance

- **Definition:** Awareness or realization of something.

- **Example:**

Take cognizance of the blessings Allah has given you, and use them in His service.

Synonyms:

- **Urdu:** روعش (Sha'ur)
 - **Example (Urdu):** "س ا س ی ن ا ر و ا وھک ر روعش اک س و ت م ع ن ی ئ و ی د ی ک ل ل ا" (Allah ki di hui ni'maton ka sha'ur rakho aur unhe uski raza ke liye istemal karo.)
 - **Meaning:** Take cognizance of the blessings Allah has given you and use them in His service.
- **Arabic:** إدراك (Idrak)
 - **Example (Arabic):** "م ک ل ہ ل ل ا ا ح ن م ی ت ل م ع ن ل ل ن ی ک ر د م ا و ن و ک" (Koonoo mudrikeen lil-ni'am al-lati manaha Allah lakum wa is'takhdimooha fi khidmatih.)

- **Meaning:** Take cognizance of the blessings Allah has given you and use them in His service.
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4. Mindfulness

- **Definition:** The quality or state of being conscious or aware of something, often associated with being present and attentive.
- **Example:**
Practice mindfulness in your prayer (Salah), focusing your heart and mind on your communication with Allah.

Synonyms:

- **Urdu:** یزاس ن (Zehn Saazi)
 - **Example (Urdu):** "ھتاس ک لال غامد روا لد کات ورک یزاس ن ذی م زامن"
 - **Meaning:** Practice mindfulness in your prayer (Salah), focusing your heart and mind on your communication with Allah.
 - **Arabic:** لمأت (Ta'ammul)
 - **Example (Arabic):** "مك لوقعو مك بولق اوزك رتل، مك تال ص ي ف اولمأت"
 - **Meaning:** Practice mindfulness in your prayer (Salah), focusing your heart and mind on your communication with Allah.
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5. Perception

- **Definition:** The ability to see, hear, or become aware of something through the senses; or a way of interpreting something.
- **Example:**
Change your perception and see the trials of life as a test from Allah, meant to strengthen your faith.

Synonyms:

- **Urdu:** ک اردا (Idraak)

- **Example (Urdu):** "نامی اس فرطی کی لالہ کو و نوناحتما کی ی گدنز"
 "وہج مس ع قوم اک نرک طوب ضم"
 (Zindagi ke imtihanon ko Allah ki taraf se imaan mazboot karne ka moka samjho.)
 - **Meaning:** Change your perception and see the trials of life as a test from Allah, meant to strengthen your faith.
 - **Arabic:** إدراك (Idrak)
 - **Example (Arabic):** "نم رابتخاك تاءالتبالل مك تيؤرو مك كاردإ اوريغ"
 "مك نامي إة وقتل ه ل ل", meant
 (Ghayyiroo idraakakum wa ru'yatakum lil-ibtila'at ka ikhtibar min Allah, li-taqweeat imaanikum.)
 - **Meaning:** Change your perception and see the trials of life as a test from Allah, meant to strengthen your faith.
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6. Insight

- **Definition:** The ability to gain an accurate and deep understanding of someone or something.
- **Example:**
 Seek insight from the Quran and Sunnah to understand life's challenges and how to overcome them.

Synonyms:

- **Urdu:** تری صب (Baseerat)
 - **Example (Urdu):** "کی ی گدنز کات ورک لصاح تری صب س تنس روا ن آرق"
 "وکس هج مس وک و وچ ن لیچ"
 (Quran aur Sunnat se baseerat hasil karo takay zindagi ke challenges ko samajh sakay.)
 - **Meaning:** Seek insight from the Quran and Sunnah to understand life's challenges and how to overcome them.
 - **Arabic:** ةري صب (Baseera)
 - **Example (Arabic):** "مه فل ن س ل و ن آرق ل ا نم ةري صب ل ا و ب ل ط ا"
 "اهي لع بل غ ت ل ة في في ك و ة اي ح ل ا ت ا ي د ح ت"
 (Tulabu al-baseera min al-Quran wa al-Sunnah li-fahm tahaddiyat al-hayat wa kayfiyyat al-taghallub 'alayha.)
 - **Meaning:** Seek insight from the Quran and Sunnah to understand life's challenges and how to overcome them.
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7. Attention

- **Definition:** The act of focusing on something or someone; the mental energy devoted to a task.

- **Example:**

Give attention to your duties as a Muslim and fulfill them with sincerity and dedication.

Synonyms:

- **Urdu:** تجوٹ (Tawajjo)
 - **Example (Urdu):** "صولخ سی نانا روا ود تجوٹ رپ سویراد مذینا ملسم ینپا"
"ورک ادا س تین"
(Apni Musalmani zimmedariyon par tawajjo do aur unhein khuloos niyat se ada karo.)
 - **Meaning:** Give attention to your duties as a Muslim and fulfill them with sincerity and dedication.
 - **Arabic:** انتباه (Intibah)
 - **Example (Arabic):** "اوجم داو نی ملسم مک مکتاب جاول مک ه انتباه اوحنما"
"اهئ ادا فی صالخال"
(Amnhoo intibahakum liwajibatikum kamuslimeen wa idmajoo al-ikhlas fi adaa'iha.)
 - **Meaning:** Give attention to your duties as a Muslim and fulfill them with sincerity and dedication.
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8. Recognition

- **Definition:** Acknowledging something that has been seen, heard, or experienced before.

- **Example:**

Seek recognition from Allah for your good deeds, as it is His approval that matters the most.

Synonyms:

- **Urdu:** پہچان (Pehchaan)
 - **Example (Urdu):** "کونویک، ورک لصاح پہچان پیک لال رپ لامعا هچا نپا"
"مما س بس اضر یک سا"
(Apne achay a'maal par Allah ki pehchaan hasil karo, kyunki uski raza sab se ahem hai.)

- **Meaning:** Seek recognition from Allah for your good deeds, as it is His approval that matters the most.
 - **Arabic:** فارتعا (I'tiraf)
 - *Example (Arabic):* "هه ااصلا مكللمعأ لىل هه لىل نم فارتعالا اوبلطا"، مهألا وه هاضر نأل
(*Tulabu al-i'tiraf min Allah 'ala a'maalikum al-saaliha, li'ann ridhahu huwa al-ahamm.*)
 - **Meaning:** Seek recognition from Allah for your good deeds, as it is His approval that matters the most.
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9. Alert

- **Definition:** Fully aware and attentive, especially to potential danger or a change in the environment.

- **Example:**

Be alert to the signs of Allah's mercy, and always be ready to accept His guidance.

Synonyms:

- **Urdu:** سكوچ (Chokas)
 - *Example (Urdu):* "سائشيم روا وسكوچ رپ ونوناشن ك ت م ح ر ي ك ل ل ا"، و ر ر ا ي ت ل ي ك ك ن ر ك ل و ب ق ي ئ ا م ن ر ي ك
(*Allah ki rahmat ke nishanon par chokas raho aur hamesha uski rehnumai qubool karne ke liye tayar raho.*)
 - **Meaning:** Be alert to the signs of Allah's mercy, and always be ready to accept His guidance.
 - **Arabic:** مونتبا (Muntabah)
 - *Example (Arabic):* "اونوكو، هه للى مة م ح ر ت ا م ا ل ع ل ن ي ه ب ت ن م اونوك"، ه ت ي ا د ه ل و ب ق ل ن ي د ع ت س م
(*Koonoo muntabeheen li 'alamat rahmat Allah, wa koonoo musta'ideen li qubool hidayatihi.*)
 - **Meaning:** Be alert to the signs of Allah's mercy, and always be ready to accept His guidance.
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10. Attunement

- **Definition:** Being in harmony or aligned with something, often used in terms of awareness in relationships or a situation.

- **Example:**

Attune your heart to the teachings of the Quran, for it will guide you to the straight path.

Synonyms:

- **Urdu:** یگانہ آم (Hum Ahangi)
 - *Example (Urdu):* "ورک یگانہ آم ہت اس ک تاملعت یکن آرق وک لد ینا" (Apne dil ko Quran ki taleemat ke saath hum ahangi karo, kyunki ye tumhein seedhay raaste ki rehnumai dega.)
 - **Meaning:** Attune your heart to the teachings of the Quran, for it will guide you to the straight path.
- **Arabic:** مغانم (Tanaghumi)
 - *Example (Arabic):* "یٰلٰم کٰی دهی س هن ال؁ ن آرق ل م ی لاعت عم اومغانم" (Tanaghumi ma'a ta'aleem al-Quran, li'annahu sayahdeekum ila al-tareeq al-mustaqeem.)
 - **Meaning:** Attune your heart to the teachings of the Quran, for it will guide you to the straight path.

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