

# Part 03 - Advance level words for Emotions and Feelings

## 1. Ecstatic

- **Definition:** A state of intense joy or happiness, often overwhelming.

- **Example:**

*A Muslim should feel ecstatic when they receive the blessings and mercy of Allah. The Prophet Muhammad (PBUH) said, "When Allah loves a servant, He calls Jibreel and says: 'I love so-and-so, so love him.'" (Sahih Bukhari)*

### **Synonyms:**

- **Urdu:** ینادجو (Wajdani)
    - *(Allah ki muhabbat aur raza ke husool par insaan ko wajdani khushi ka ehsaas hona chahiye, jaisa ke Hazrat Muhammad (PBUH) ne farmaya: 'Jab Allah kisi banday se muhabbat karta hai to woh Jibril (A.S) ko pukar kar farmate hain: "Main flan shakhs se muhabbat karta hoon, tum bhi us se muhabbat karo.")*
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## 2. Despondent

- **Definition:** Feeling a loss of hope or a complete lack of enthusiasm; downhearted.

- **Example:**

*Even when despondent, a Muslim should remember that every hardship is an opportunity for reward. Allah says in the Quran, "So indeed, with hardship comes ease." (Quran 94:6)*

### **Synonyms:**

- **Urdu:** سویم (Mayoos)

- *(Jab insaan ko mushkilat ka samna ho, to usay mayoos nahi hona chahiye, kyun ke Allah ka wada hai ke har takleef ke baad sukoon aaye ga, jaisay ke Quran mein farmaya hai: 'Yaqeeman har takleef ke baad aaraam hai.')*
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## 3. Exhilarated

- **Definition:** Feeling extremely happy, excited, or full of energy due to a thrilling or enjoyable experience.
- **Example:**  
*A Muslim feels exhilarated when they complete acts of worship that bring them closer to Allah. The Prophet Muhammad (PBUH) said, "The best of deeds are those done regularly, even if they are few." (Sahih Bukhari)*

### Synonyms:

- **Urdu:** مازووز (Mahzooz)
  - *(Jab insaan nafl namaz ya kisi ibadat ko khushi se ada karta hai, to woh mahzooz mehsoos karta hai, jaisay ke Hazrat Muhammad (PBUH) ne farmaya: 'Sab se pasandeeda amal woh hai jo thodi taadaad mein lekin mustaqil taur par kiya jaye.')*
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## 4. Apprehensive

- **Definition:** A feeling of fear or anxiety about something that might happen in the future; nervous expectation.
- **Example:**  
*A Muslim should be apprehensive about their deeds on the Day of Judgment. The Prophet Muhammad (PBUH) said, "None of you will enter Paradise by his deeds alone, but by Allah's mercy." (Sahih Bukhari)*

### Synonyms:

- **Urdu:** طاقت (Muhtaata)
  - *(Ek musalman ko qiyamat ke din apne aamal ke baare mein muhtaata rehna chahiye, kyun ke Hazrat Muhammad (PBUH) ne farmaya: 'Tum mein se koi bhi apne aamal ki wajah se jannat mein nahi jaye ga, balkay Allah ki rahmat se.')*
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## 5. Melancholy

- **Definition:** A deep, persistent sadness or sorrow, often without a clear cause.
- **Example:**

*A Muslim should seek refuge in Allah when feeling melancholy, as the Prophet Muhammad (PBUH) said, "If any of you feels sorrow, say, 'O Allah, I seek refuge in You from this feeling of despair.'" (Sunan Abu Dawood)*

### **Synonyms:**

- **Urdu:** افسردہ (Afsurda)
- *(Jab insaan kisi gham mein gharq ho, to usay Allah ki panah mein panah lena chahiye, jaisay ke Hazrat Muhammad (PBUH) ne farmaya: 'Jab tumhein afsurdagi ka samna ho, to kaho: "Ya Allah, main teri panah mein hoon."')*

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Revision #3

Created 17 November 2024 18:49:13 by Danish Nayeem

Updated 4 January 2025 04:57:03 by Danish Nayeem