

Part 03 - Advance level words for Emotions and Feelings

1. Ecstatic

- **Definition:** A state of intense joy or happiness, often overwhelming.

- **Example:**

A Muslim should feel ecstatic when they receive the blessings and mercy of Allah. The Prophet Muhammad (PBUH) said, "When Allah loves a servant, He calls Jibreel and says: 'I love so-and-so, so love him.'" (Sahih Bukhari)

Synonyms:

- **Urdu:** ی نادجو (Wajdani)

- **Example (Urdu):** "وک ناسن رپ لوصح ک اض ر روا تبحم ی کی لال" یل لال یل ص دمحم ترضح ک اس ی ج، ی اچ ان و س اس ح اک ی شوخ ی نادجو لی ئاربج و و ت ات رک تبحم س دن ب ی س ک لال ب ج: ایامرف ن ملسو تبحم س صخش ال ف ی م: ی: تامرف رک راک پ وک مالسل یل ع و رک تبحم س سا ی هب م ت، و ات رک"

(Allah ki muhabbat aur raza ke husool par insaan ko wajdani khushi ka ehsaas hona chahiye, jaisa ke Hazrat Muhammad (PBUH) ne farmaya: 'Jab Allah kisi banday se muhabbat karta hai to woh Jibril (A.S) ko pukar kar farmate hain: "Main fln shakhs se muhabbat karta hoon, tum bhi us se muhabbat karo.")

- **Meaning:** A Muslim should feel ecstatic when they receive the blessings and mercy of Allah.

- **Arabic:** فداعسل الة ی اف (Fi ghayat al-sa'ada)

- **Example (Arabic):** "دن ع داعسل الة ی اف رعش ی ن ملسم ال یل ع ب ج ی: اذ: ملسو ه یل ع لال یل ص ی بن لال لاق امك، ه تمحرو هلل تاك رب ل ی ن *ه ب ح أف، أنال ف ب ح ی ن: الئاق لی ئاربج ی دان، أد بع هلل ب ح"

(Yajibu 'ala al-muslim an yash'our fi ghayat al-sa'ada 'inda nayl barakat Allah wa rahmatihi, kamaa qala al-nabi (PBUH): 'Iza ahabba

Allah abdan, nada Jibril qa' ilan: 'Inni uhibbu fulanan, fa'hibbuh.')

- **Meaning:** A Muslim should feel ecstatic when they receive Allah's mercy and love.
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2. Despondent

- **Definition:** Feeling a loss of hope or a complete lack of enthusiasm; downhearted.
- **Example:**

Even when despondent, a Muslim should remember that every hardship is an opportunity for reward. Allah says in the Quran, "So indeed, with hardship comes ease." (Quran 94:6)

Synonyms:

- **Urdu:** سوئیام (Mayoos)
 - **Example (Urdu):** "سوئیام سو ات، ان ماس اک تالکشم وک ناسن بج" اگ آئو کس دعب ک فیلکت رک رک دعو اک لال ک نویک، ییچ ان وی سیج مارا دعب ک فیلکت رک ان قی: ایام رف سی ن آرق ک اس یج (Jab insaan ko mushkilat ka samna ho, to usay mayoos nahi hona chahiye, kyun ke Allah ka wada hai ke har takleef ke baad sukoon aaye ga, jaisay ke Quran mein farmaya hai: 'Yaqeeman har takleef ke baad aaraam hai.')
 - **Meaning:** A Muslim should not be despondent in times of difficulty because every hardship is followed by ease.
 - **Arabic:** طبحم (Muhbat)
 - **Example (Arabic):** "ال أهیلع، ونحم وأ ةبوعص ملسم لا هجاوي امدنع" هللا لاق امك، ارسى رسعلا عم نأ ركذتي نأ لب، طابح إلاب رعشي "ارسي رسعلا عم نإ: ىلإعت (Indama yuwajihu al-muslim so'ubatan aw mihnatan, 'alayhi alla yash'our bial-ihbat, bal an yatadhakkar anna ma'a al-usri yusra, kamaa qala Allah ta'ala: 'Inna ma'a al-usri yusra.')
 - **Meaning:** A Muslim should not feel despondent because every hardship is followed by ease.
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3. Exhilarated

- **Definition:** Feeling extremely happy, excited, or full of energy due to a thrilling or enjoyable experience.

- **Example:**

A Muslim feels exhilarated when they complete acts of worship that bring them closer to Allah. The Prophet Muhammad (PBUH) said, "The best of deeds are those done regularly, even if they are few." (Sahih Bukhari)

Synonyms:

- **Urdu:** مظلوم (Mahzooz)
 - *Example (Urdu):* "جلد شوخ وک تدابع یسک ای زامن ل فن ناسنا بچ"

یلص دمحم ترضح ک اسچی، ات رک سوسحم مظلوم ووت، ات رک ادا س دادعت یڑوھت و و لمع یددنسپ س بس: ایامرف ن ملسو یلع لل

*"ائ ای ک رپ روط لقتسم نکیل یم"

(Jab insaan nafl namaz ya kisi ibadat ko khushi se ada karta hai, to woh mahzooz mehsoos karta hai, jaisay ke Hazrat Muhammad (PBUH) ne farmaya: 'Sab se pasandeeda amal woh hai jo thodi taadaad mein lekin mustaqil taur par kiya jaye.')
 - **Meaning:** A Muslim feels exhilarated when performing acts of worship regularly with sincerity.
- **Arabic:** مشتاق (Muntashi)
 - *Example (Arabic):* "ددرت نودبو ماضت ناب تادابع ملسم ل ی دوی ام دنع"، لاضفأ: "ملسو هیلع هلل یلص یبنل لاق امك، شاعتن اب رعشي لق نإو، هباحص هیلع مواد ام لامعأل"

(Indama yu'addi al-muslim ibadatan bintizam wa bidoon tarradud, yash'our bial-inta'ash, kamaa qala al-nabi (PBUH): 'Afdal al-a'mal ma dawam 'alayhi sahibu, wa in qill.')
- **Meaning:** A Muslim feels exhilarated when engaging in regular acts of worship.

4. Apprehensive

- **Definition:** A feeling of fear or anxiety about something that might happen in the future; nervous expectation.

- **Example:**

A Muslim should be apprehensive about their deeds on the Day of Judgment. The Prophet Muhammad (PBUH) said, "None of you will enter Paradise by his deeds alone, but by Allah's mercy." (Sahih Bukhari)

Synonyms:

- **Urdu:** طات ح م (Muhtaataat)

- **Example (Urdu):** "میں نے اپنی زندگی کے تمام اعمال کے بارے میں محنت کی ہے، لیکن میں اللہ کی رحمت سے امید کرتا ہوں۔" (Ek musalman ko qiyamat ke din apne aamal ke baare mein muhtaata rehna chahiye, kyun ke Hazrat Muhammad (PBUH) ne farmaya: 'Tum mein se koi bhi apne aamal ki wajah se jannat mein nahi jaye ga, balkay Allah ki rahmat se.')
- **Meaning:** A Muslim should be apprehensive about their deeds and seek Allah's mercy for success in the Hereafter.
- **Arabic:** قل قل (Qalaq)
 - **Example (Arabic):** "يَا أَيُّهَا الْمُسْلِمُونَ لَا تَمُوتُوا مِنْ دُونِ تَعْلَمِ اللَّهِ يَوْمَ الْقِيَامَةِ" (Yajibu 'ala al-muslim an yash'our bial-qalaq bishaan a'malihi yawm al-qiyama, kamaa qala al-nabi (PBUH): 'Lan yadkhul ahadukum al-jannah bi'amalihi, walakin birahmatillah.')
 - **Meaning:** A Muslim should be apprehensive and aware of the importance of Allah's mercy on the Day of Judgment.

- **Definition:** A deep, persistent sadness or sorrow, often without a clear cause.
- **Example:**

Synonyms:

- **Arabic:** حزن عمي (Huzn 'Ameeq)
 - *Example (Arabic):* "أهـلـعـبـجـي، قـيـمـعـنـحـبـمـلـسـمـلـا رـمـي اـمـدـنـع": اذإ: 'مـلـسـو هـلـع هـلـل صـلـصـي بـنـلـل لـا قـا مـك، اءـدـلـا ب هـلـل صـلـل إـلـا جـلـي مـهـلـا نـم كـب ذـوع أـي نـي مـهـلـل: اـولـو قـف، نـحـلـل مـكـبـاصـأ"
(*Indama yamurr al-muslim bihuzn 'ameeq, yajibu 'alayhi an yalja' ila Allah bial-du'a, kamaa qala al-nabi (PBUH): 'Iza asabikum al-huzn, faqulu: "Allahumma inni a'oodhu bika min al-hamm."*)
 - **Meaning:** A Muslim should turn to Allah in prayer when feeling deep melancholy.
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