

# Part 03 - Advance words for Assistance and Support

## 1. Alleviate

- **Definition:** To make a situation or pain less severe or more bearable.

- **Example:**

*A Muslim should strive to alleviate the suffering of others, as the Prophet Muhammad (PBUH) said, "Whoever relieves a believer's distress, Allah will relieve him of one of his distresses on the Day of Judgment." (Sahih Muslim)*

### Synonyms:

- **Urdu:** انرک مک (Kam Karna)
    - **Example (Urdu):** "ایامرف ن ملسو ےلے لے لے ص دمحم ترضح" "اگ ےرک مک مغ اک سا ند ےک تمایق لے لے، اترک مک مغ اک ناملسم ےسک" (Hazrat Muhammad (PBUH) ne farmaya: "Jo kisi musalman ka gham kam karta hai, Allah Qiyamat ke din uska gham kam karega.")
    - **Meaning:** A Muslim should alleviate the suffering of others, as Allah will alleviate their pain in the Hereafter.
  - **Arabic:** فففف (Takhfif)
    - **Example (Arabic):** "ن ع فف ف نم: ملسو ےلے لے لے ص ےل ےل ےل لاق" "ةمايقلل موي ےف ےن ع لے لے ففف، نمؤم" (Qala al-nabi (PBUH): 'Man khaffafa 'an mu'min, khaffafa Allah 'anhu fi yawm al-qiyama.')
    - **Meaning:** Alleviating someone's distress will result in Allah alleviating one's burdens on the Day of Judgment.
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## 2. Mitigate

- **Definition:** To make a situation less severe, harsh, or intense.

- **Example:**

*Muslims are encouraged to mitigate the hardships of others, as the Prophet Muhammad (PBUH) said, "Whoever helps a person in difficulty, Allah will help*

- Example (Arabic): "يوقل ان مؤملا : ملسو هلى لى صى بن لا اق"  
 "فىضلل نمؤمل نمل لل الى ابح أو ريخ"  
 (Qala al-nabi (PBUH): 'Al-mu'min al-qawi khayr wa ahabb ila Allah min  
 al-mu'min al-da'if.')

- **Meaning:** Strengthening others in faith and deeds is highly encouraged in Islam.
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## 4. Empower

- **Definition:** To give someone the power, confidence, or authority to do something or take control.

- **Example:**

*A Muslim should empower others through education and knowledge, as the Prophet Muhammad (PBUH) said, "Seeking knowledge is an obligation upon every Muslim." (Sunan Ibn Majah)*

**Synonyms:**

- **Urdu:** انید ت قاط (Taqat Dena)
    - **Example (Urdu):** "ای امر ف ن ملسو یل ع ل ل ی لص دم ح م ت رض ح" "ض رف ر پ ن ام ل س م ر ل و ص ح" (Hazrat Muhammad (PBUH) ne farmaya: "Ilm ka husool har musalman par farz hai.")
    - **Meaning:** Empowering others with knowledge is a key principle in Islam.
  - **Arabic:** ن ی ک م ت (Tamkeen)
    - **Example (Arabic):** "م ل ع ل ا ب ل ط : م ل س و ه ی ل ع ل ل ی لص ی ب ن ل ل ا ق" "م ل س م ل ک ی ل ع ة ض ی رف" (Qala al-nabi (PBUH): 'Talab al-ilm faridah 'ala kulli muslim.')
    - **Meaning:** Empowering others with knowledge is part of fulfilling the Islamic obligation of seeking knowledge.
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## 5. Foster

- **Definition:** To encourage the development or growth of something, often in a nurturing or supportive way.

- **Example:**

*A Muslim should foster a sense of community and brotherhood, as the Prophet Muhammad (PBUH) said, "None of you will believe until you love for your brother what you love for yourself." (Sahih Bukhari)*

**Synonyms:**

- **Urdu:** ان رک ش ر و ر پ (Parwarish Karna)

- **Example (Urdu):** "ایامرف ن ملسو یل ل ل ل ص دم ح م ت ر ض ح" م ت' ن پ ا و ک ک ت ب ج ا ی ا ل ی ن ن ا م ی ا ک ت ت ق و س ا ص خ ش ی ئ و ک س ی م "اترک دن سپ یل ن پ ا و ج ر ک ن دن سپ ی و یل ک ی ئ ا ه ب"  
(*Hazrat Muhammad (PBUH) ne farmaya: "Tum mein se koi shakhs is waqt tak imaan nahi laya jab tak ke woh apne bhai ke liye wohi pasand na kare jo apne liye pasand karta hai."*)
- **Meaning:** Fostering love and care for others is a key element of faith.
- **Arabic:** رةياعر (Ri'aya)
  - **Example (Arabic):** "ن مؤي ال :م ل س و ه ي ل ل ل ل ص ي ب ن ل ل ا ق" ه س ف ن ل ب ح ي ا م ه ي خ أ ل ب ح ي ت ح م ك د ح أ"  
(*Qala al-nabi (PBUH): 'La yu'minu ahadukum hatta yuhibbu li-akhihi ma yuhibbu linafsihi.'*)
  - **Meaning:** Fostering brotherhood and mutual love is central to the teachings of Islam.

- **Definition:** To maintain or keep something going over time, often by providing necessary support.

*Muslims are encouraged to sustain their faith and good deeds, as the Prophet Muhammad (PBUH) said, "The best deeds are those done consistently, even if they are small." (Sahih Bukhari)*

- **Urdu:** انھک ر رارق رب (Barqarar Rakhna)
  - *Example (Urdu):* "بِسْ: ایامرف ن ملسو یل ل ل یل ص دمحم ترضح"
 

وہ ن سوی کی اڑوہت و اچ، ئاچ ای ک رپ روط رم تسم وچ و لمع رت ب س

(Hazrat Muhammad (PBUH) ne farmaya: "Sab se behtar amal woh hai jo mustamir tor par kiya jaye, chahe woh thoda hi kyun na ho.")
  - **Meaning:** Sustaining faith through consistent actions, no matter how small, is highly valued.
- **Arabic:** إمداد س (Istidama)
  - *Example (Arabic):* "لضفأ: ملسو هیل ل ل یل ص ی بن ل لاق"
 

ل ق ن إ و اہم اودأ ل امع أ ل

(Qala al-nabi (PBUH): 'Afdal al-a'mal adwamuha wa in qal.')
  - **Meaning:** Sustaining good deeds, even if small, is more important than doing large deeds infrequently.

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## 7. Augment

- **Definition:** To increase or improve something, often by adding additional support or resources.

- **Example:**

*A Muslim should augment their good deeds, as the Prophet Muhammad (PBUH) said, "The best of deeds is to bring happiness to a believer." (Sahih Bukhari)*

**Synonyms:**

- **Urdu:** انرک ۛ فاضا (Izafa Karna)
  - **Example (Urdu):** "بِسْ: ایامرف ۛ ن ۛ ملسو ۛ یلع ۛ لال یل ص دمحم ترضح" (Hazrat Muhammad (PBUH) ne farmaya: "Sab se behtar amal woh hai jo kisi momin ko khushi de.")
  - **Meaning:** Augmenting the happiness of others is an important part of a Muslim's good deeds.
- **Arabic:** ۛ دایز (Ziyadah)
  - **Example (Arabic):** "لضفأ: ملسو وه یلع هلل یل ص ی بن ل لاق" (Qala al-nabi (PBUH): 'Afdal al-a'mal idkhal al-surur 'ala al-mu'min.')"
  - **Meaning:** Augmenting the joy of others through acts of kindness is highly recommended in Islam.